





**Action**

How can you hold yourself  
accountable for taking  
action with the support  
of your family?

---

Me pehea koe e kawea ai hei  
tangata kawenga mō ngā  
mahi, me te tautoko  
a tō whānau?



**Action**



## Action

What's one action you can do  
today towards your  
career goals while  
honouring your values?

---

He aha tētahi mahi ka taea e  
koe i tēnei rā hei whakawhāiti  
i ō whāinga mahi, ā, hei  
whakanui i ō uara?



## Action



Action

What habits can you develop to ensure consistent progress in your pathway?

---

He aha ngā āhua mahi ka taea  
e koe te whakawhanake  
kia ū tonu ai tō ahunga  
whakamua i tō ara?



Action



Action

What skills needed can be learnt doing at the marae or community group?

---

He aha ngā pukenga e hiahiatia ana ka taea te ako i te marae, i tētahi rōpū hāpori rānei?



Action



**Action**

What action needs to be  
taken in order to reach your  
desired job?

---

He aha ngā mahi me mahia  
kia tae atu ki tō mahi  
e hiahia ana koe?



**Action**





## Aspirations

What are your aspirations  
or dreams for the future?

---

He aha ōu wawata,  
ōu moemoeā mō anamata?



**Aspirations**



## Aspirations

Who is someone you aspire or  
would like to be like, and why?

---

Ko wai tētahi tangata e hiahia  
ana koe kia pērā ai koe, ā, he  
aha te take?



**Aspirations**



## Aspirations

What can you learn from the  
journey of someone you look  
up to?

---

He aha tāu e ako ai i te  
haerenga o tētahi tangata e  
whakanuia ana e koe?



**Aspirations**



## Aspirations

What are the aspirations of  
your whānau/family?  
(If you're unsure, have a  
kōrero with them)

---

He aha ngā wawata  
o tō whānau?  
(Ki te kore koe i te mōhio,  
kōrerotia ki a rātou)



## Aspirations



## Aspirations

What will bring you love,  
adventure, purpose,  
and success?

---

He aha ka kawē mai i te  
aroha, te haerenga whai hihiri,  
te tikanga, me te angitu  
ki a koe?



**Aspirations**





**Aroha**

What are your natural skills?

---

He aha ōu pūkenga?



**Aroha**



**Aroha**

How would you describe  
your character?

---

Me pēhea koe e  
whakamārama ai  
i ō āhuatanga?



**Aroha**



**Aroha**

What activities do you enjoy doing in your free time, and what skills do they require?

---

He aha ngā mahi e papai ana ki a koe i tō wā whakatā, ā, he aha ngā pūkenga e hiahiatia ana mō aua mahi?



**Aroha**



**Aroha**

What values are most  
important to you in life  
and work?

---

He aha ngā uara nui rawa atu  
ki a koe i roto i te ao  
me te mahi?



**Aroha**



**Aroha**

How do you show care and support for others in your daily life or relationships?

---

Me pēhea koe e whakaatu ai i te manaaki me te tautoko ki ētahi atu i tō ao o ia rā, i ō hononga rānei?



**Aroha**





**Angitu**

How do you define success  
for yourself? What does it  
look or feel like?

---

E pēhea koe e tautuhi ai i te  
angitu mōu anō? He pēhea tō  
āhua, tō rongorānei?

**Angitu**





**Angitu**

How do you celebrate  
small wins?

---

Ka pēhea koe e whakanui  
ai i ngā angitu iti?



**Angitu**



**Angitu**

If your journey was a river,  
what moments would you  
place as calm waters (wins)  
and what would be the  
rapids (challenges)?

---

Mehemea he awa tō  
haerenga, he aha ngā wā  
ka waiho hei wai mārie (ngā  
angitu), ā, he aha ngā wai  
whakamataku (ngā wero)?



**Angitu**



**Angitu**

What are your top three successes so far, and what did you learn from them that you can share with your family?

---

He aha ō toru angitu tino nui kua tutuki i a koe i nāianeī, ā, he aha ngā mea i akona e koe nō reira hei tāpae ki tō whānau?



**Angitu**



**Angitu**

What does a balanced and  
fulfilling successful career  
look like to you?

---

He pēhea te āhua o tētahi  
mahi angitu e taurite ana, e  
whakakī ana hoki i tō ngākau?

**Angitu**







## Adventure

What does adventure  
mean to you?

---

He aha te tikanga o te  
haerenga hihiri ki a koe?



## Adventure



## Adventure

How many careers changes  
(jobs) have your parents/  
guardians had?

---

E hia ngā huringa mahi (ngā  
tūranga mahi) kua rongoa e ō  
mātua/kaitiaki?



## Adventure



## Adventure

If you were faced with  
a problem to solve,  
how would you tackle it?

---

Mehemea ka raru koe ki tētahi  
raruraru hei whakatika, me  
pēhea tō whai i te rongoā?



## Adventure



## Adventure

What industries or types of work have you thought about exploring?

---

He aha ngā umanga,  
ngā momo mahi rānei  
kua whakaaaro koe kia  
whakamātau?



## Adventure



## Adventure

What new skills would you like to learn to expand your career options?

---

He aha ngā pūkenga hou  
e hiahia ana koe ki te ako  
hei whakawhānui i ō  
kōwhiringa mahi?



## Adventure





What challenges have you  
faced and what did you learn  
from them?

---

He aha ngā wero i pā ki a koe,  
ā, he aha ngā mea i akona  
e koe i aua wā?





How do you stay motivated  
and focused on your  
career goals?

---

Me pēhea koe e ū ai ki te hihiri  
me te aro ki ō whāinga mahi?





What are some positive  
proverbs/songs you can use  
to shift your mindset?

---

He aha ētahi whakataukī,  
waiata pai rānei hei āwhina i  
a koe ki te huri i tō whakaaro?





Is your current attitude  
serving your career  
aspirations?

---

Kei te āwhina tō āhua i  
nāiane i ō wawata mahi?





What attitudes do you admire  
in successful people, and how  
can you adopt them?

---

He aha ngā āhua e  
whakanuia ana e koe i ngā  
tāngata angitu, ā, me pēhea  
koe e whai ai i aua āhua?

